

Soft Curd Cheese Country Kitchen Cultures ®

Our cultures are an easy way to make delicious cheese at home.

Using UHT milk:

- 1. Take the inner plastic container from the Yogurt Maker and half fill with your milk.
- 2. Open a sachet and mix the contents into the milk.
- 3. Add the remaining milk to make 1 litre, and place in the yogurt maker, operate yogurt maker as per instructed.
- 4. Incubate for 12 hours.

Using fresh milk:

- 1. Heat 1 litre of milk to 90°c and allow to cool to room temperature.
- 2. Add half the milk to the yogurt maker's inner pot. And mix in the sachet contents whisking to combine.
- 3. Add the remaining milk and give one final whisk, place inner pot in the yogurt maker and operate yogurt maker as per the instructions.
- 4. Incubate for 12 hours.

Once incubated.

- 1. Double line a colander or sieve with a cheese cloth and place over a bowl.
- 2. Empty the cheese from the inner pot into cheese cloth.
- 3. Cover the cheese with cling film and place in the fridge to drain.
 - 3.1. 1 hour to remove approximately 20% of the liquid.
 - 3.2. 3 to 4 hours to remove approximately 50% of the liquid.
 - 3.3. 8+ hours for a very thick, soft curd cheese.
- 4. Turn out the cheese cloth & cheese into a clean pot and remove the cheese cloth.
- 5. Store in fridge.



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